

MADE WHOLE A SERIES ON
MENTAL HEALTH

BRIDGE TO WHOLENESS



SPECIAL DIALOGUE SESSION



EVERY NATION
DAMANSARA

Mental health challenge is
one of the greatest battlefields
in the 21st century

²³ Now may the **God** of peace **himself** sanctify you completely, and may your **whole spirit and soul and body** be kept blameless at the coming of our Lord Jesus Christ. ²⁴ **He who calls you is faithful; he will surely do it.**

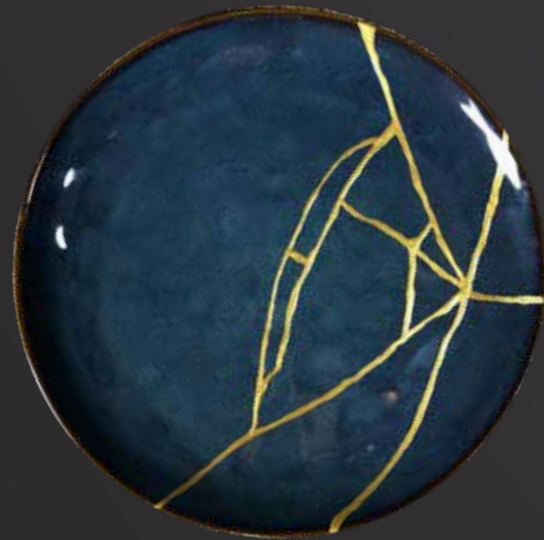
1 THESSALONIANS 5 : 23-24 (ESV)

WEEK 1



WHOLENESS
IN GOD

WEEK 2



WHOLENESS
BY GRACE

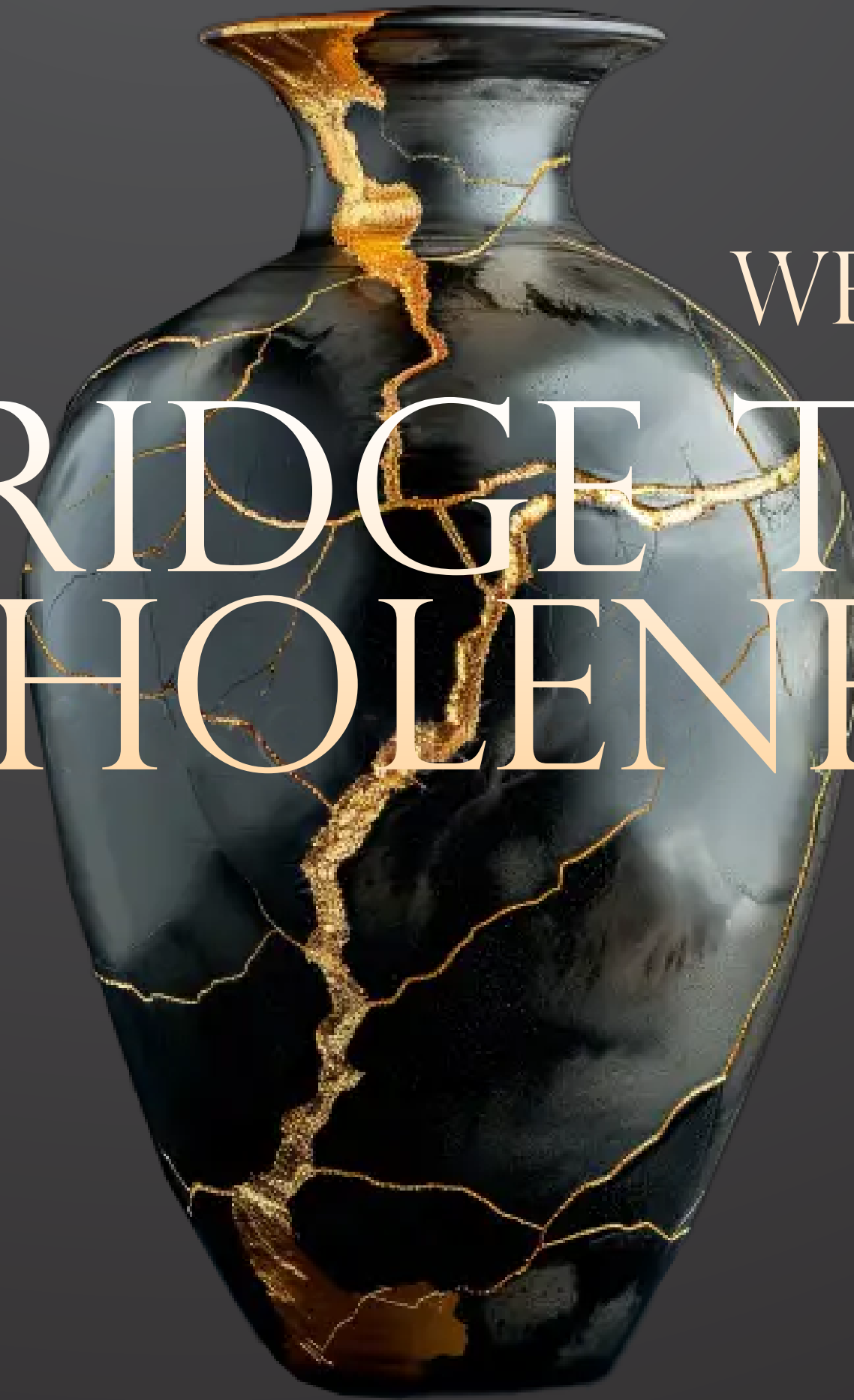
WEEK 3



PATH TO
WHOLENESS

WEEK 4

BRIDGE TO
WHOLENESS



Mental health challenge is one of the greatest battlefields in 21st century

**It is also a divine
opportunity to be the
greatest mission field in
the 21st century**

- 1 clinical psychologist to 980,000 (2021)
- 1 registered counsellor to 3,327 (Aug 2022)
- 1 doctor to 420 (2021)
- 1 christian to 11 (2020)

¹ <https://www.thestar.com.my/starpicks/2021/07/08/clinical-psychologists-the-future-of-mental-health-care-in-malaysia>

² 31 August 2022, The Women, Family and Community Development Ministry (KPWKM)

³ Health Ministry's Health Facts 2022 Report

Mental health challenged individuals are more likely to be connected to a church goer as compared to a professional mental health provider.

CHURCH PRESENTS:

- Holistic view towards recovery
(emotional, spiritual, mental, physical, relational)
- Accessibility (compared to professional help)
- Supportive community
- Ultimate hope beyond existing circumstances

However, as a Church,
we are often ill-equipped.

WHAT CAN WE DO?

³⁴ "A new command I give you: **Love one another.**
As I have loved you, so you must love one another.

JOHN 13 : 34

² **Carry each other's burdens,** and in this way
you will fulfill the law of Christ.

GALATIANS 6 : 2

WHAT CAN WE DO?

**¹⁵ Rejoice with those who rejoice;
mourn with those who mourn.**

ROMANS 12 : 15

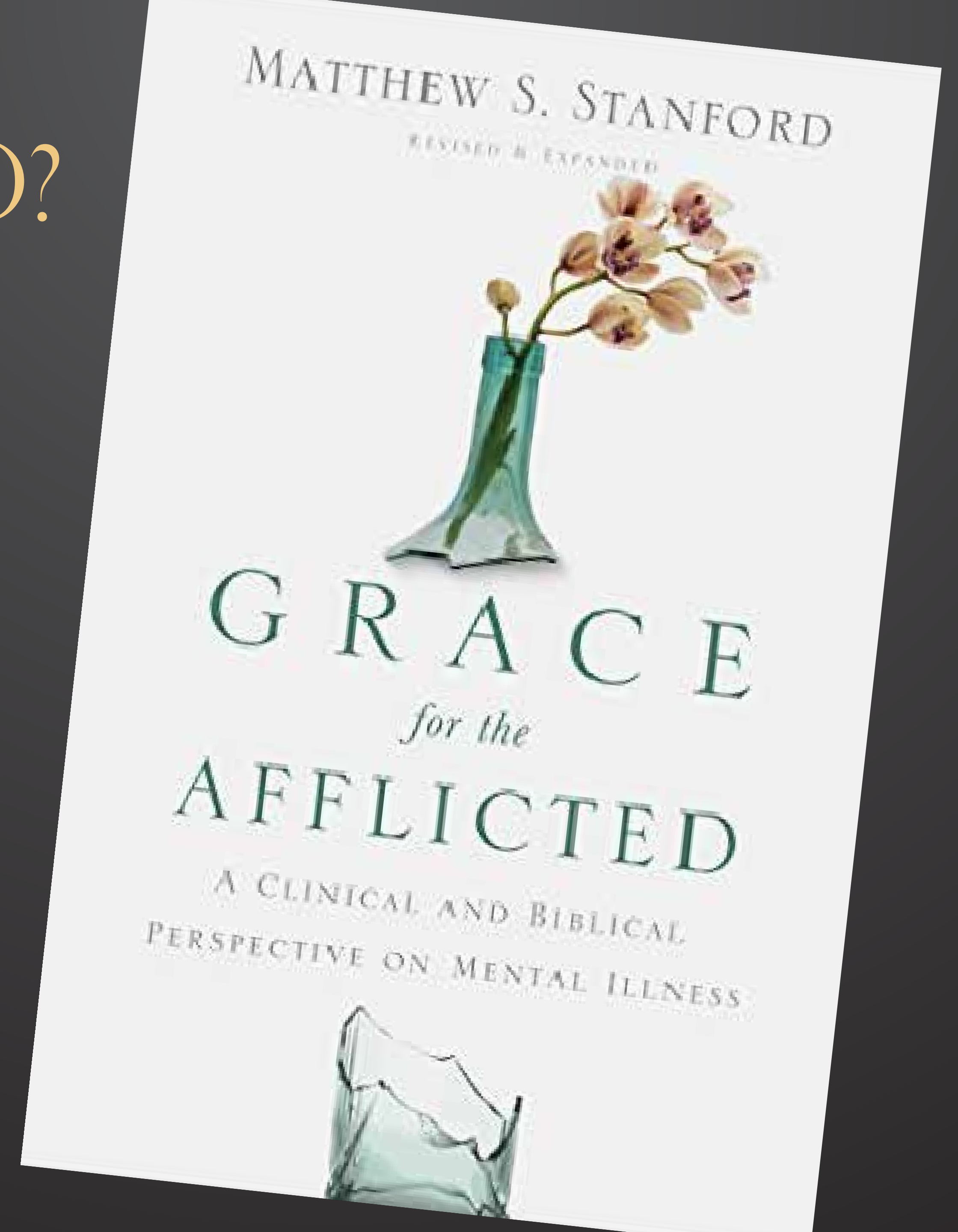
WHAT CAN WE DO?

¹³ Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. ¹⁴ Is anyone among you sick? **Let him call for the elders of the church**, and **let them pray** over him, anointing him with oil in the name of the Lord. ¹⁵ And the **prayer of faith** will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. ¹⁶ Therefore, confess your sins to one another and **pray for one another**, that you may be healed. The prayer of a righteous person has great power as it is working

JAMES 5 : 14-16

WHAT CAN WE DO?

- **Learn**
 - awareness & education



WHAT CAN WE DO?

- **Learn**
 - awareness & education
- **Listen**
 - compassion & non-judgemental

WHAT CAN WE DO?

- **Learn**
 - awareness & education
- **Listen**
 - compassion & non-judgemental
- **Love**
 - support & prayer

A BRIDGE TO WHOLENESS

- 1. To Community**
- 2. To Professional Help**
- 3. To God**

Video (Moon)

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DIALOGUE WITH US!
SCAN QR TO SUBMIT YOUR QUESTIONS

hgmd.la/slido