

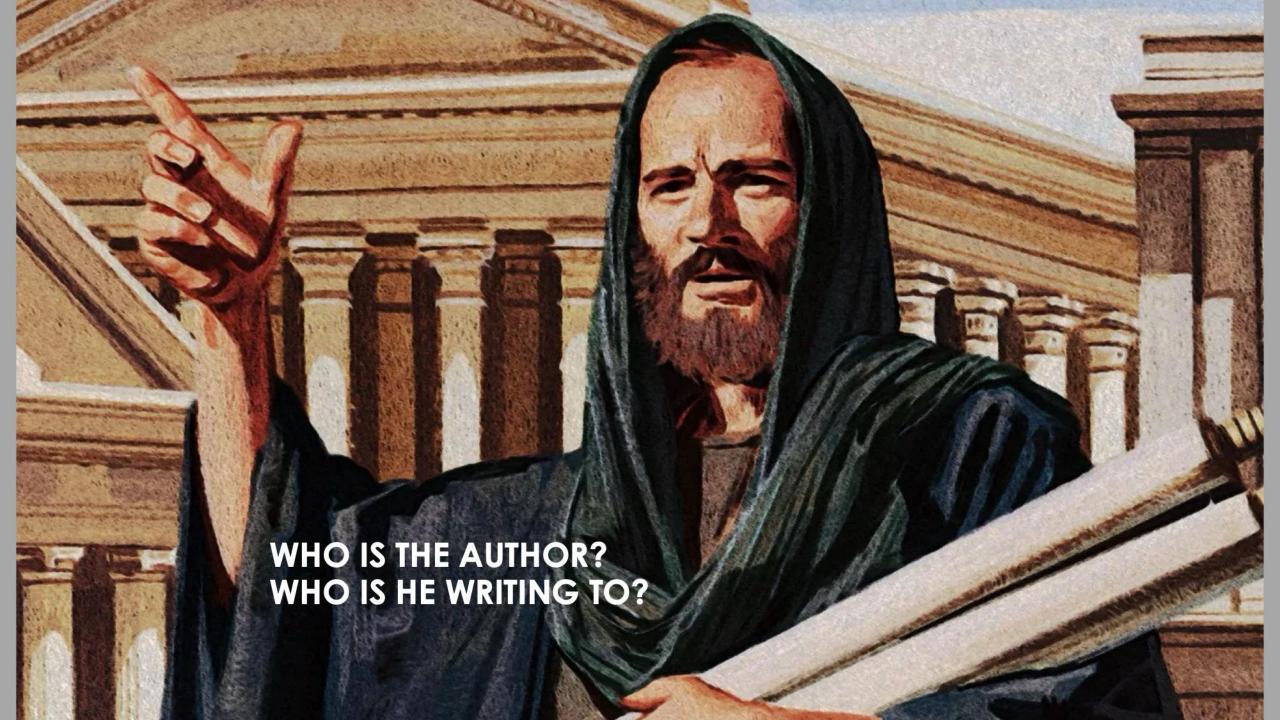
2 Timothy 4:1-5

I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom:

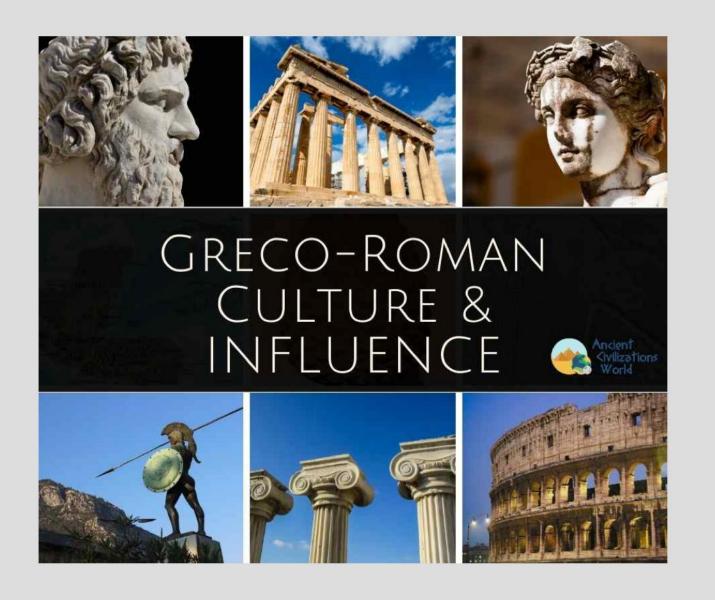
2 preach the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching.

3 For the time is coming when people will not endure sound teaching, but having itching ears they will accumulate for themselves teachers to suit their own passions, 4 and will turn away from listening to the truth and wander off into myths.

5 As for you, always be sober-minded, endure suffering, do the work of an evangelist, fulfill your ministry.







Background:

Suffering and hardship
were common experiences
due to various factors such as
political oppression,
social injustice, and
economic difficulties

And for early Christians, **persecution**. So Paul is writing to encourage/WARN believers to endure these hardships with patience and faith.

...For the time is coming when people will not **endure** sound teaching, but As for you, always be sober-minded, **endure** suffering, do the work of an evangelist, fulfill your ministry.

2 Timothy 4:1-5

Endure: gk kakopatheó: To **suffer** hardship, to **endure** affliction;

From a compound of κακός (kakos, meaning "bad" or "evil") and πάσχω (paschō, meaning "to suffer" or "to endure")

It conveys the idea of facing difficulties or afflictions with perseverance.



















2 Timothy 4:1-5

I charge you in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by his appearing and his kingdom: 2 **preach** the word; be ready in season and out of season; reprove, rebuke, and exhort, with complete patience and teaching. 3 For the time is coming when people will not endure sound teaching, but having itching ears they will accumulate for themselves teachers to suit their own passions, 4 and will turn away from listening to the truth and wander off into myths. 5 As for you, always be sober-minded, endure **suffering**, **do the work** of an evangelist, **fulfill** your ministry.







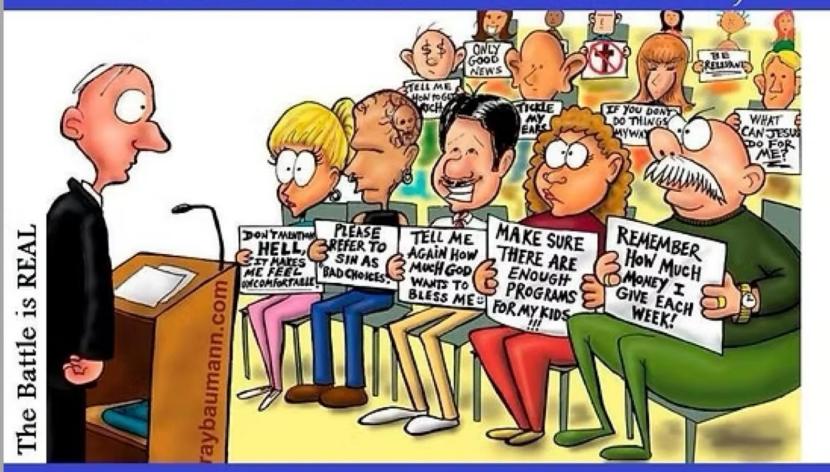
For the time is coming

when ... **PEOPLE WILL** 1-not endure sound teaching, but 2-having itching ears 3-they will **accumulate** for themselves teachers to suit their own passions, and 4-will turn away from listening to the truth and 5-wander off into myths.

2 Timothy 4:3-4



For the time will come when they will not endure sound doctrine,



but according to their own desires, because they have itching ears, they will heap up for themselves teachers; and they will turn their ears away from the truth, and be turned aside to fables. 2 Timothy 4:3~4



WHAT IS SOBER? SOBER-MINDED?

Sober (Greek: nēphō – νήφω): Literally means "**to abstain from wine**" or "to be free from intoxicants."

Figuratively, it means to be **sensible**, discreet, to be **calm**, **collected**, **self-controlled**, or **clear-headed**.

In other words to be **spiritually alert**, and **emotionally steady**.

WHAT IS SOBER-MINDED?

Sober-minded refers to having:

- Sound judgment
- Mental and spiritual alertness
- Emotional steadiness
- Freedom from deception or panic

That means:

You are not swayed

by panic, popularity, pressure, or public opinion.

In short:

TO BE SOBER-MINDED =

THINK clearly,

LIVE wisely, and

ACT with spiritual awareness."







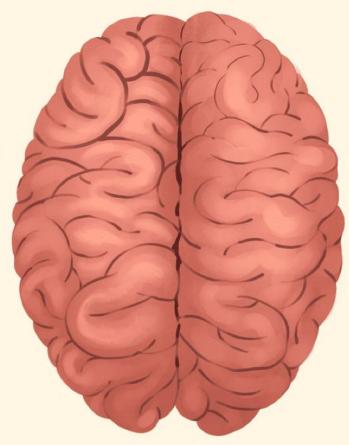


"Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, Colossians 3:16 singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God."

Left Brain vs. Right Brain

Left Side

- Control of the right side of the body
- Written and spoken language
- Mathematical calculations
- Logical decision making
- Reasoning

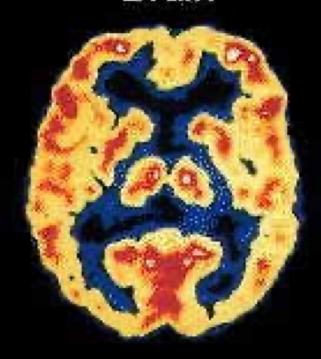


Right Side

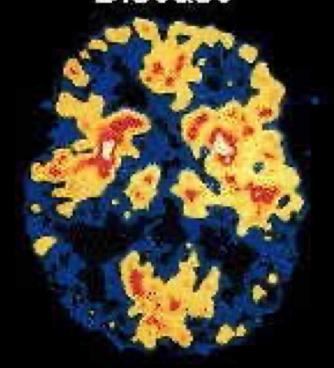
- Control of the left side of the body
- Understanding language
- Non-literal thinking
- Spatial awareness
- Imagination
- Facial recognition



Normal Brain



Alzheimer's Disease







2 Corinthians 10:5

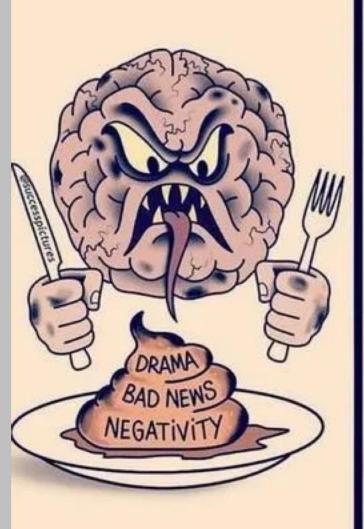
"We destroy
arguments and every
lofty opinion raised
against the
knowledge of God,
and take every
thought captive to
obey Christ"

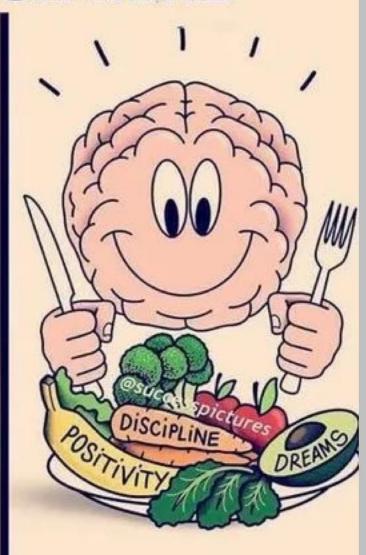


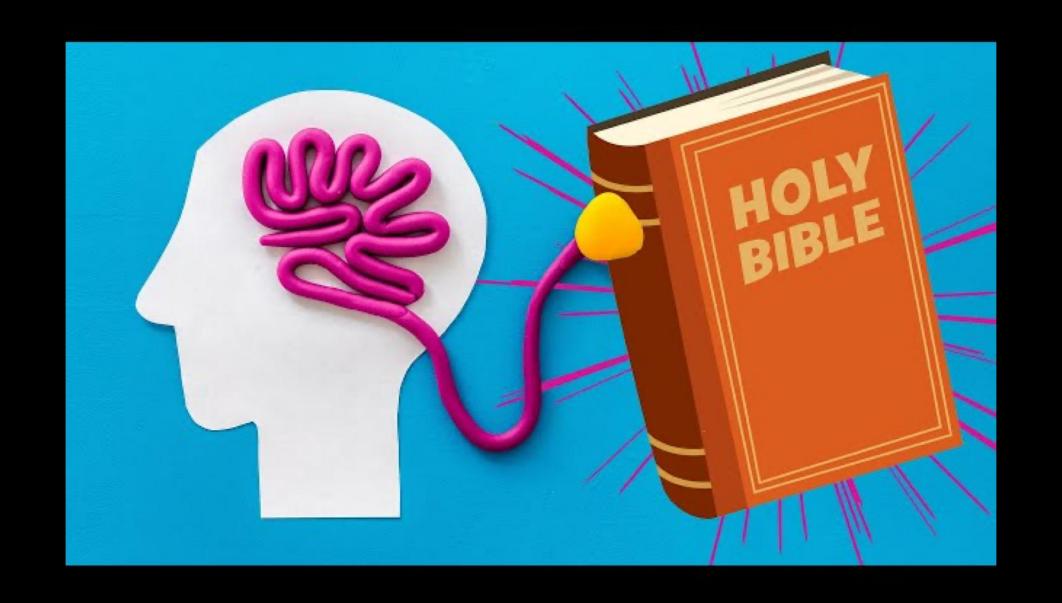




YOU BECOME WHAT YOU FEED YOUR MIND







conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and

"Do not be

perfect."

Romans 12:2



"Finally, brothers, whatever is **true**, whatever is **honourable**, whatever is **just**, whatever is **pure**, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of **praise**, think about these things.

Philippians 4:8





1 Timothy 4:7

"Have nothing to do with irreverent, silly myths. Rather train yourself for godliness;"





James 1:5

"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."







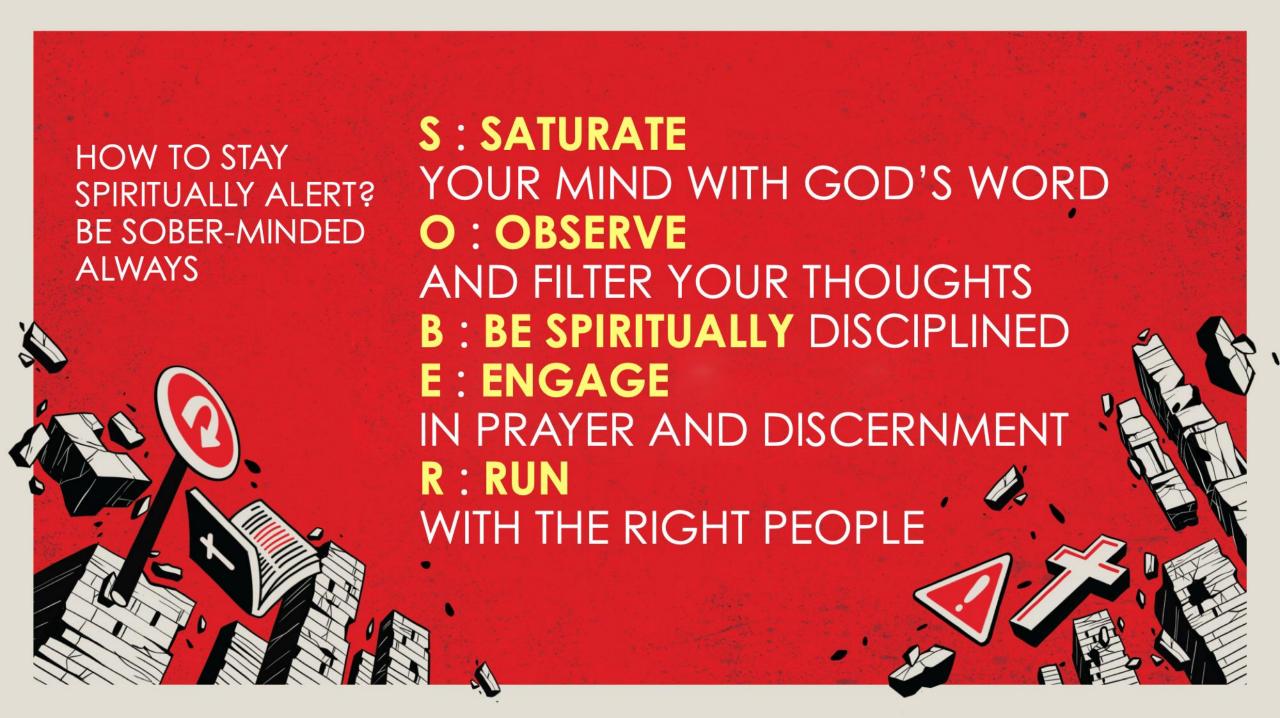
"Whoever <u>walks</u>
with the wise
becomes wise,
but the companion
of fools will suffer
harm."

Proverbs 13:20



"Do not be misled:
"Bad company corrupts
good character."

1 Corinthians 15:33



Application Questions:

Q1: Reflect what influences your mind daily? What do you need to reduce/ eliminate/ increase so that you think more clearly.

Q2: Reflect what does your daily/ weekly rhythm of Bible intake look like? How can that be improved?

Q3: Reflect who are the people you are walking with: are they helping or hindering your sobriety of mind? And what are you going to do about iļ\$