

# PRAAYER IS



**A Deep Dive Into**  
.....  
**How Jesus Taught Us To Pray**



**EVERY NATION**  
CHURCH · MALAYSIA

## Matthew 6:9-13

<sup>9</sup> In this manner, therefore, pray: Our Father in heaven, hallowed be Your name.	<b>Week 1</b>
<sup>10</sup> Your kingdom come, your will be done, on earth as it is in heaven.	<b>Week 2</b>
<sup>11</sup> Give us this day our daily bread.	<b>Week 3</b>
<sup>12</sup> And forgive us our debts, As we forgive our debtors.	<b>Week 4</b>
<sup>13</sup> And lead us not into temptation, but deliver us from the evil one.	<b>Week 5</b>

# PRAYER IS RELYING ON GOD FOR HOLINESS



**v.13 – And lead us not into temptation,  
but deliver us from the evil one.**

Temptation = πειρασμόν (Greek: peirasmon) = testing

Evil = πονηρο (ponērou) = the evil one



## Matthew 4 – The Temptation of Jesus

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup> And after fasting forty days and forty nights, he was hungry. <sup>3</sup> And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” <sup>4</sup> But he answered, “It is written, “‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” <sup>5</sup> Then the devil took him to the holy city and set him on the pinnacle of the temple <sup>6</sup> and said to him, “If you are the Son of God, throw yourself down, for it is written, “‘He will command his angels concerning you,’ and “‘On their hands they will bear you up, lest you strike your foot against a stone.’” <sup>7</sup> Jesus said to him, “Again it is written, ‘You shall not put the Lord your God to the test.’”

<sup>8</sup> Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. <sup>9</sup> And he said to him, "All these I will give you, if you will fall down and worship me." <sup>10</sup> Then Jesus said to him, "Be gone, Satan! For it is written," "You shall worship the Lord your God and him only shall you serve." <sup>11</sup> Then the devil left him, and behold, angels came and were ministering to him.

# Devil – διάβολος (Greek = Slanderer, False Accuser)

- Opposes God
- Tempts humanity into sin



## 1 Peter 5:8

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.



# **After fasting for 40 days and 40 nights in the wilderness, the tempter came to Jesus**

- 1. Alone/Isolated**
- 2. Weary/Tired**
- 3. Hungry/Hangry**

Tactic – Temptation usually comes when you are alone, weary, or hungry.

# Temptations

**1. Lust of the Flesh**

**2. Lust of the Eyes**

**3. Pride of Life**

1 John 2:16

For all that is in the world — the lust of the flesh, the lust of the eyes, and the pride of life — is not of the Father but is of the world.



# Matthew 4 – The Temptation of Jesus

## 1) Lust of the flesh – Matthew 4:3

And the tempter came and said to him, **“If you are the Son of God, command these stones to become loaves of bread.”**

## 2) Pride of life – Matthew 4:5–6

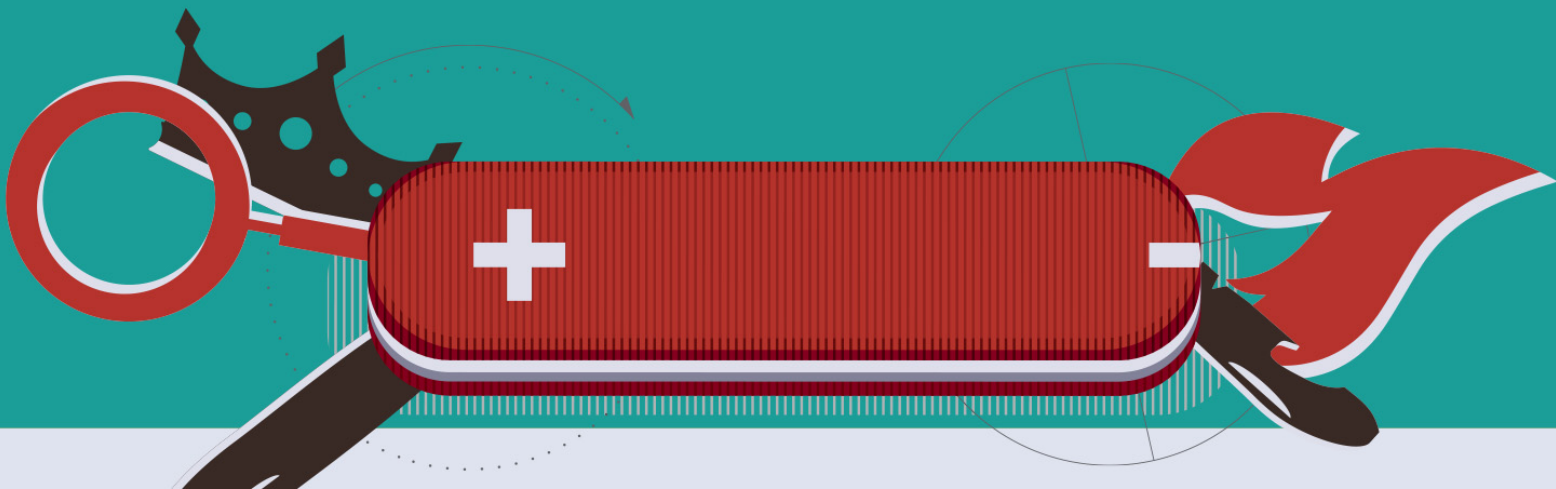
Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, **“If you are the Son of God, throw yourself down, for it is written, ‘‘He will command his angels concerning you,’ and ‘‘On their hands they will bear you up, lest you strike your foot against a stone.’’’**

## 3) Lust of the eyes – Matthew: 8–9

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, **“All these I will give you, if you will fall down and worship me.”**

# How then shall we fight back?

1. Word of God
2. Prayer
3. Apply Wisdom



## #1 Word of God

“It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’

(Deuteronomy 8:3)

“It is written again, ‘You shall not tempt the Lord your God.’

(Deuteronomy 6:16)

“Away with you, Satan! For it is written, ‘You shall worship the Lord your God, and Him only you shall serve.’”

(Deuteronomy 6:13)

# **#1 Word of God – Lord, help me to understand, meditate, and store up your Word**

Psalm 119:11

I have stored up your word in my heart, that I might not sin against you.

Hebrews 4:12

For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

## #2 Prayer – Lord, help me to have a prayerful life

Matthew 26:36, 40–41

<sup>36</sup> Then Jesus went with them to a place called Gethsemane, and he said to his disciples, “Sit here, while I go over there and pray.

<sup>40</sup> And he came to the disciples and found them sleeping. And he said to Peter, “So, could you not watch with me one hour? <sup>41</sup> Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak.”

1 Corinthians 10:13

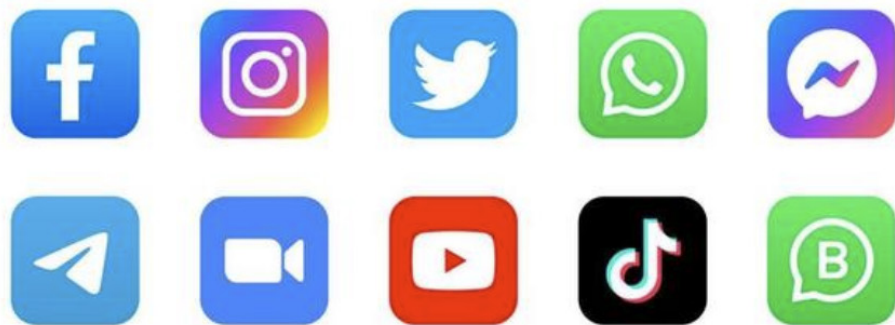
No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

### **#3 Apply Wisdom – Lord, give me the wisdom to fight against temptation**

Romans 13:14

But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.





Are you interested in this post?

Interested

Not interested

# **What you feed grows, what you starve dies**

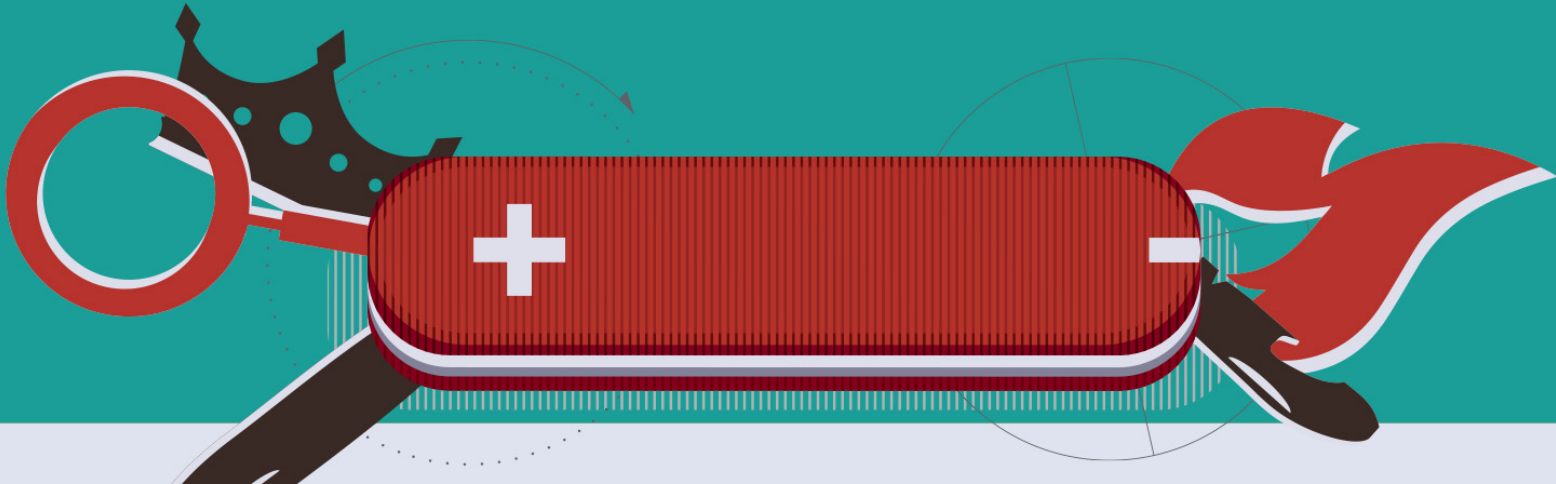
James 1:13-14

<sup>13</sup> Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. <sup>14</sup> But each one is tempted when he is drawn away by his own desires and enticed.

James 4:7

Therefore submit to God. Resist the devil and he will flee from you.

**Prayer is relying on God for holiness  
(to keep us from sin and evil)**



## Psalm 119:9-16

- <sup>9</sup> How can a young man keep his way pure? By guarding it according to your word.
- <sup>10</sup> With my whole heart I seek you; let me not wander from your commandments!
- <sup>11</sup> I have stored up your word in my heart, that I might not sin against you.
- <sup>12</sup> Blessed are you, O Lord; teach me your statutes!
- <sup>13</sup> With my lips I declare all the rules of your mouth.
- <sup>14</sup> In the way of your testimonies I delight as much as in all riches.
- <sup>15</sup> I will meditate on your precepts and fix my eyes on your ways.
- <sup>16</sup> I will delight in your statutes; I will not forget your word.